

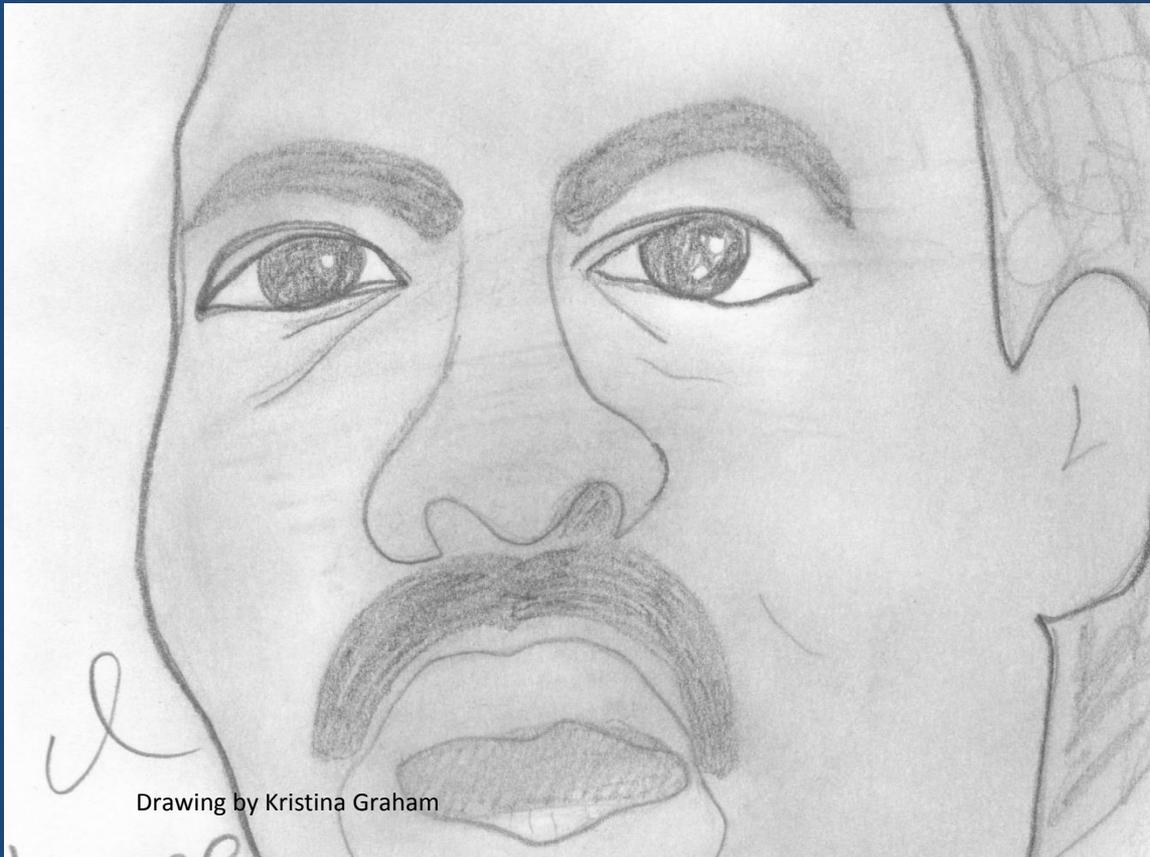
Photo Essay

HSP 404

Kristina Graham

Number One

Summarize the historical roots of community development and organizing, advocacy, and social movements.



Drawing by Kristina Graham

Martin Luther King Jr.

Martin Luther King Jr. (MLK) is the first person that comes to mind when I think of Learning Objective number one.

MLK taught us that it is ok to have a dream – no matter how unreachable it seems at the time. MLK was a great advocate for the African American freedom movement. “In advocacy we give voice to our knowledge and values on behalf of and in partnership with those whose voices are not often heard” (Homan, 2011, pg. 404).



Photo courtesy of Kristina Graham

Puppies Unite!

I chose this picture because these dogs look like they are standing up for something and they will not back down. They have been called to action and they are taking the first step.

“Your decision to act is made real when taking action. Taking action is the final step and the first one. Every change effort requires that someone begin doing something different. Every successful change is the result of action” (Homan, 2011, pg. 380). One powerful thing I have taken from this class is that all I need to do to make a change is to act!

We all have the power to create change in our community within ourselves, all we need to do is act!



Drawing by Kristina Graham

Tactics for Change

Once you have decided to act and be a force for change in your community there are different tactics that can be used.

Know your issue well...Know the relevant rights, rules, and regulations...Get a partner...Ask for help...Develop a picture of what 'better' looks like...Focus on the outcome...Recognize and communicate awareness of legitimate interests...Link the issue...Use emotion appropriately...Get clear agreements with timetables...Keep the record straight by recording agreements (Homan, 2011, pg. 406 – 407).

Following these rules can help you to make a real change in your community. This class has taught me that while action is the starter, a good plan is what keeps movements for change going.



Photo courtesy of Google Images

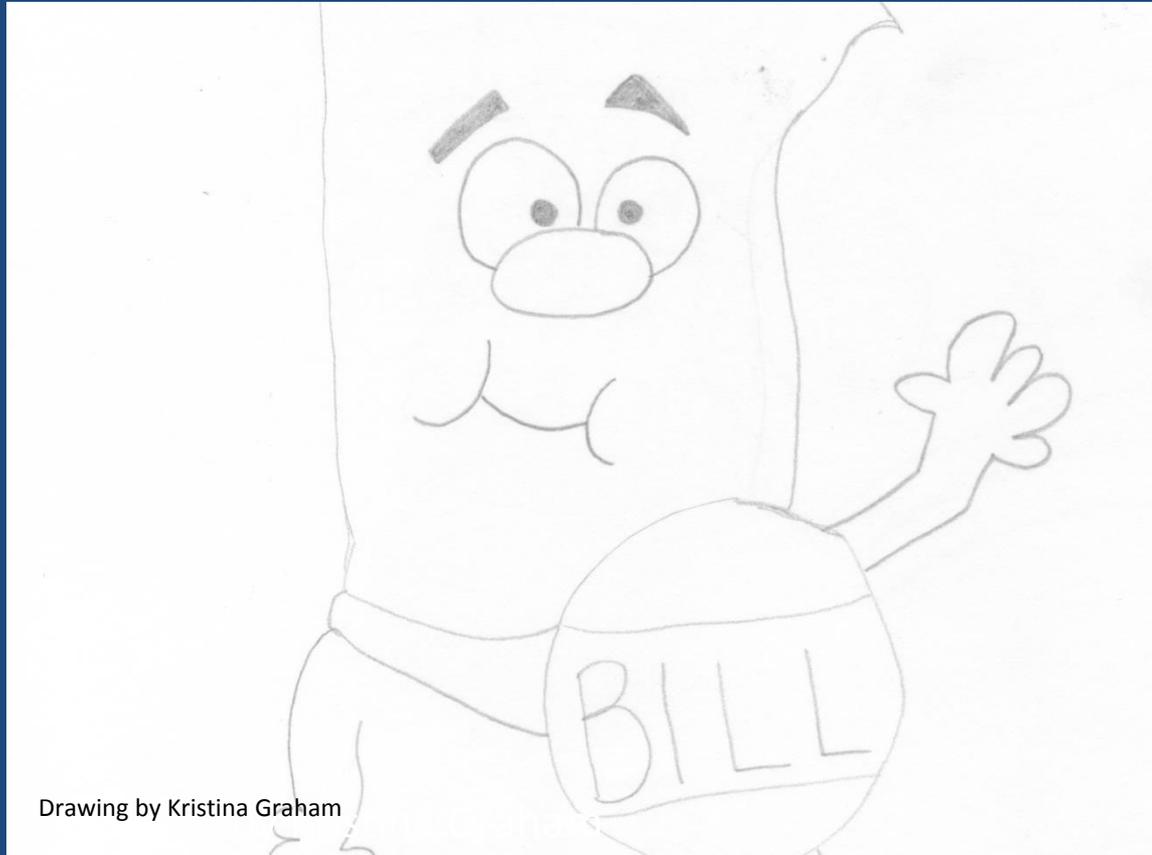
3

Organizing Social Movements

The World Trade Organization protests of 1999 come to mind when I think of social movements. Even though these protests got way out of hand, I think that they still made a great impact. After all, we are still talking about them today.

Number Two

Analyze community systems and structures, and design and evaluate processes to initiate and sustain change through specific strategies, tactics, activities and social policy advocacy.



Drawing by Kristina Graham

Lobbying for Change

“Be able to argue the other side’s point of view as well as your own” (Homan, 2011, pg. 487).

While reading up about policies for this class I learned that I need to take into account each side of the policy that I am wanting to change. Understanding the other side’s point of view will help you to see any pitfalls in your argument and will help you to counteract any opposing arguments.



Photo courtesy of Google Images

6

Change

This photo is of students in the UK protesting fees from their University. To me, this picture demonstrates what an organized group can look like. When groups get together in an organized way and for a common cause they can sometimes accomplish their desired end result; if they do not accomplish their desired end result hopefully they have drawn some attention to their cause.



Photo courtesy of Google Images

7

Animal Advocacy

“In advocacy we give voice to our knowledge and values on behalf of and in partnership with those whose voices are not often heard” (Homan, 2011, pg. 404).

When I first began my studies at WWU in Human Services I was unsure of what group of people I would like to work with. After many classes I have decided that I would like to be an advocate for animals or for teenage parents. I would like to find a way to tie the two groups together; lately, I have been looking into working with therapy animals.



Photo courtesy of Google Images

Reaching out...

I have learned that there are many different places that need help. We can help more people than just those in our own backyard – we do not have to limit the people we help to simply our own community. Someday, I would like to go to a different country and help some local people.

Number Three

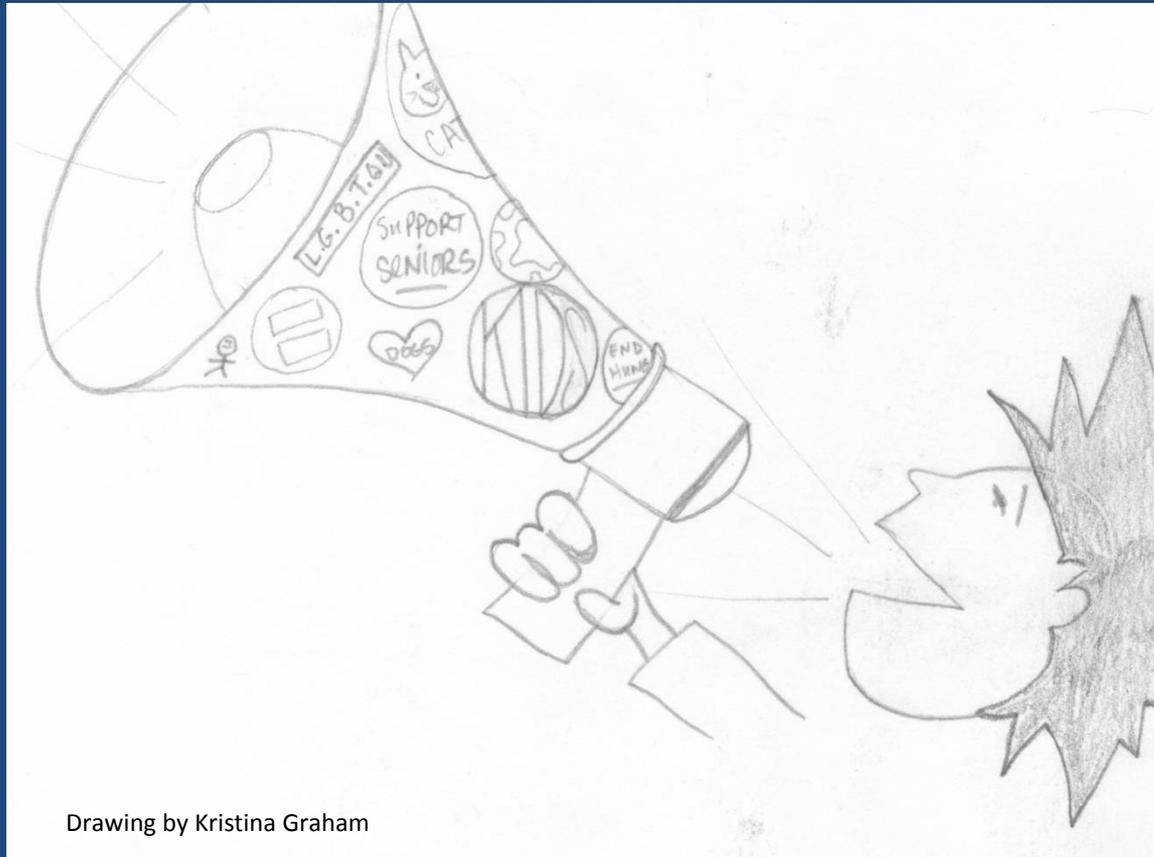
Record, assess, and reflect on experiences with community and the influence of human services values, attitudes, and ethics in relationship to community change.



Photo courtesy of Kristina Graham

Helping People, Helping Animals

This is a picture of my dog, Porter. Porter has been the biggest blessing to me and my family. He is *my* therapy dog and I do not think I would have been able to get through school without him. I hope to use this degree to help people and animals. I would like to work with dogs as therapy for people going through a hard time, recovery, or who just need a companion.



Drawing by Kristina Graham

Shout for Change!

“Community change only occurs through action” (Homan, 2011, pg. 49). I can sit and think about the things that I want to change all day long, but that will not get me anywhere until I act. In this class I have learned that change will only happen once I actually *do* something to make it happen. Thinking and talking about what needs to be changed is only good if something comes out of that talking and thinking.



Courtesy of Google Images

1

I want change...

This picture sparks a feeling in me that I can not explain. I chose this picture because it says that above anything we want change... this is also what I have taken from this class. This class is all about fighting for change, advocating for change, and lobbying for change. I am leaving this class feeling awakened and inspired to change things in my community that are not beneficial to the people.

Number Four

Analyze the systemic issues related to culture, diversity, and social class in the context of community systems.

The Power of Human Services Workers...

I really liked reading about how human services workers offer certain skills to promote community change:

“Empathy...Genuineness...Objective/Subjective balance...Self-awareness...Acceptance...Desire to help...Patience...” (Homan, 2011, pg. 92).

These skills embody what it takes to make a difference in your community and just how remarkable the people that dedicate their life to the service and welfare of others are.





Courtesy of Google Images

5

United we Stand

A community united for a common cause is a powerful force. One skill that we, as human services professionals, have is the power of the community. Having a strong united force behind you will help to get your agenda heard. One thing that I would like to work on is having all types of people come together for a common cause: like animals, the planet, our health, or anti-violence.

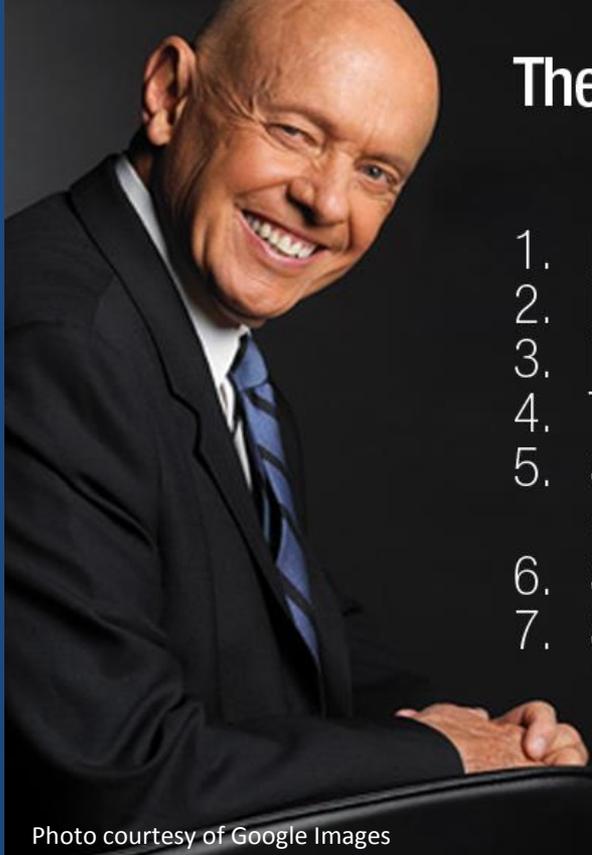


Take a stand, make a change

How do we begin making a change? We have an idea and we take a stand. I like this picture because it shows a basic model of an action plan. In our class we briefly touched on making a map of our thoughts and this reminded me of the same concept.

Number Five

P O W E R



The 7 Habits of Highly Effective People

1. Be proactive
2. Begin with the end in mind
3. Put first things first
4. Think win-win
5. Seek first to understand, and then to be understood
6. Synergize
7. Sharpen the saw

Stephen Covey
(1932-2012) InspirationBoost.com

Photo courtesy of Google Images

9

Be Proactive.

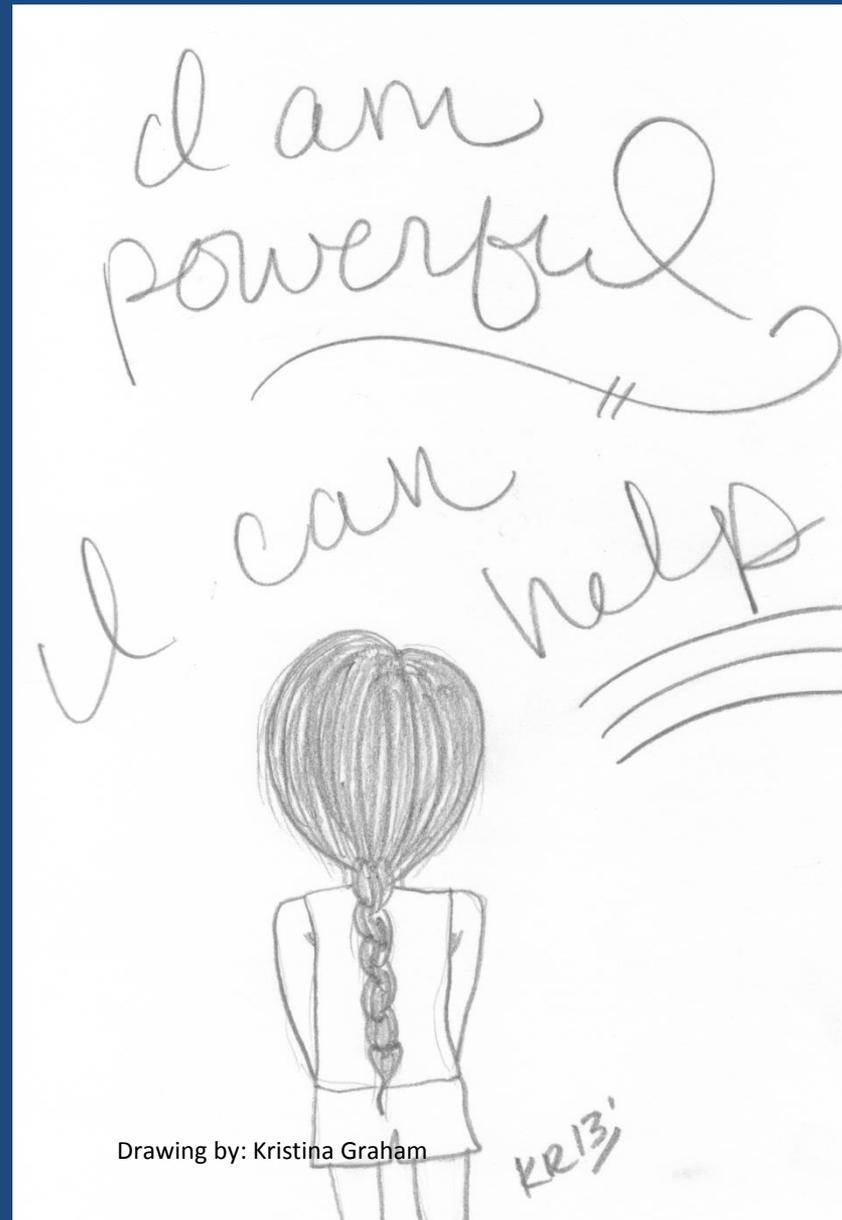
No matter how big or how small a movement I start, it does not matter, because, I am doing something. *I am being proactive.*

I loved this book and I think that the principles tie in with being an effective advocate for change in our communities.

POWER

Power, “The capacity to bring about change” (Homan, 2011, pg. 154).

This quarter I learned that I have the power within myself to enact change in my community. I have the power to make others realize their own power and potential. I can make a difference no matter my gender, race, position, or title – I am powerful and I am capable.



Drawing by: Kristina Graham

References

Homan, M. S. (2011). *Promoting community change making it happen in the real work*. (5 ed.). Belmont, CA: Brooks/Cole Cengage Learning.

1) (2012). Retrieved from <http://www.b2bmarketinginsider.com/strategy/change-is-coming-to-b2b-marketing>

2) (2012). *Change*. (2012). [Web Image]. Retrieved from <http://www.anexcellentspirit.com/2013/01/16/the-change-we-wanted-the-change-we-have/>

3) Aroquel, E. (Photographer). (2008). *Wto*. [Print Photo]. Retrieved from http://seattletimes.com/html/movies/2004429973_siff22.html

4) (2013). *Papaya circle*. (2013). [Print Photo]. Retrieved from <http://permaculturenews.org/>

5) Tama, M. (Photographer). (2007). *Words of protest*. [Web Photo]. Retrieved from <http://cityroom.blogs.nytimes.com/2007/08/07/words-of-protest-challenging-musics-lyrical-standards/>

6) Owen, P. (Artist). (2012). *Student protest*. [Print Photo]. Retrieved from <http://www.guardian.co.uk/education/2012/nov/21/student-protests-demo-2012-live-blog>

7) (2012). *Animal voice*. (2012). [Print Photo]. Retrieved from <http://humanesocietytampa.org/about-us/animal-advocacy/>

8) (2011). *Social class*. (2011). [Web Drawing]. Retrieved from <http://chrisd93.blogspot.com/2011/01/social-classes-in-america.html>

9) (2012). Retrieved from <http://inspirationboost.com/category/all-quotes/motivational-quotes/page/3>

10) (2011). Retrieved from <http://www.nupge.ca/content/4597/forth-year-community-social-service-worker-appreciation-day>